



Tuktu Paddles

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www.tuktupaddles.com

GENERAL REQUIREMENTS FOR BECOMING AN INSTRUCTOR

Be at least 18 years old.

Successfully complete an Instructor Development Workshop (IDW) and an Instructor Certification Exam (ICE)

Be an ACA member in good standing

Pay yearly SEIC registration fees

Demonstrate a general knowledge of canoesport and the ACA

Represent the ACA in a positive and professional manner

Possess acceptable proficiency skills

PROFICIENCY REQUIREMENTS

Must be a competent and effective instructor with both classroom and on-water skills

Knowledgeable and adept at using logical learning progressions and a variety of teaching styles

Show group awareness and control at all times

Solid basic technical skills; strokes, braces, rescues, etc., and the ability to effectively model techniques

Practice and demonstrate safe paddling practices

Demonstrate leadership qualities and good instructor judgment

GENERAL INFORMATION

Scheduling of Coastal Kayak IDW and ICE's

These are usually about one month apart to give you time to practice and improve. In cases where there are only one or two days between the workshops the Instructor Candidate must arrive at the IDW with much more experience to successfully complete both the IDW and ICE in rapid succession. Each candidate must be fully prepared before participation.

However, an Instructor Candidate has up to 4 years to successfully complete the certification requirements after participating in the IDW and ICE. Note that participation in the ICE does not guarantee certification.

Preparation, Resources and Feedback

It is strongly recommended that all Instructor Candidates attend an ACA Basic and Open Water Coastal Kayaking Course prior to the IDW. Also highly recommended is having participated in the Stokes and Maneuvers Refinement, Surf and Rough Water courses. If attending these ACA courses is not possible, then Instructor Candidates may wish to review the video Performance Sea Kayaking to gain insight on the performance of physical skills in ACA workshops. You should already know all the strokes listed in the Stokes and Maneuvers Refinement course and have had surf and rough water experience.

The Coastal Kayaking Topic Outlines by Randy Carlson, Tim Bates, and Greg Eliason, is a suggested text for this workshop. A copy of the Coastal Kayaking Topic Outlines will be available at the IDW to reference. You should read the topic outline book and seek the additional resources that are listed before attending the ICE. It is very important to demonstrate familiarity with the terminology used in coastal kayaking. Each candidate will be assigned several teaching topics for their presentations during the IDW and ICE. These



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will include classroom teaching topics, dry land topics, and on-water topics. The instruction methods that are used to teach your topic include team teaching, lecture, describe-demonstrate-do, whole-part-whole, peer teaching, role-playing and games.

Accommodations and Time Management

Overnight accommodations, if available, near the workshop are desirable to avoid too much time and energy spent driving. Often Instructor Candidates will try to save some money by sharing a room, which can be arranged on the first day of the workshop. Eating breakfast and lunch out of a cooler is typical, although it may be possible to pick up fast food for these meals. An expensive room and planned time with family, friends and relatives is not advisable since your evenings will be spent working on lesson plans, studying video, and resting up for the next day. These programs can be quite intensive.

The nearest motels are approximately 5 miles away.

Topic Assignments

You will be assigned individual teaching topics at the IDW. These should be of no more than 10 minutes each, geared to the beginning kayaker. Be concise, cover all of the important points and make it interesting. You will need to prepare a lesson plan for yourself and make a copy to give to each instructor candidate and all instructors. You can base it on the sample lesson plan in the booklet that you will receive once you have registered. At the end of the first day, you will be assigned more topics for the next day for both individual and team teaching. Bring your reference material for use in preparing your lesson plans. Additional reference material will be available for your use at the workshop.

Weather

The weather is the variable in any outdoor workshop. There is no way to foresee what Mother Nature will dish out to us. You must be prepared for any contingency. Dress for the water temperature. If you don't own the proper clothing, either buy it or borrow it. **Do not come unprepared.** Cold water is the number 1 killer in kayak related deaths. At the very least, being uncomfortable will hamper your performance. A dry suit (with fleece underneath) is the recommended cold water gear for the workshops. These are expensive but what is your comfort and life worth?

I believe if someone wishes to become an instructor, they should act and conduct themselves in a professional manner. This also means that they should have the proper gear and clothing. I have had Instructor Candidates in an Instructor Development Workshop wearing wet suits in May and September and end up getting out of the water because they became too cold. If this had happened during an exam, they most likely, would have failed

Equipment

. If possible, bring your own kayak and equipment. You will feel more comfortable and perform better with it. If rental gear is need we must know before you arrive so that we can arrange to have a boat for you



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After I receive the registration form back with payment in full or a minimum deposit of 50%, I will email another packet, which explains more. You should keep this in your folder or notebook for reference.

Questions?

If you have any questions about the program please call me at 609-412-9966 or email tuktupaddles@verizon.net. I would like to talk to you prior to registering you to gain a better understanding of your skills and experience.

The assisting instructor(s) and I look forward to meeting, working and learning with you.

Sincerely

Christopher Raab

ACA Coastal Kayak Instructor Trainer

BCU 4 Sea star

Registered Maine Sea Kayak Guide